





GARLIC MUSHROOMS ON RUSTIC BREAD Vg/NF

ADD FRIED ONIONS FOR £1



CLASSIC Vg/GF/NF

GARLIC MUSHROOMS, GARLIC MAYO, CRISPY ONIONS, GHERKINS, FRESH PARSLEY

PESTO Vg/GF/NF

GARLIC MUSHROOMS, FRESH BASIL PESTO, TOASTED SUNFLOWER SEEDS, ZESTY LEMON

SMOKY BBQ vg/GF/NF

SMOKY BBQ MUSHROOMS, SPICY JALAPENOS, SWEET CORN, CRISPY ONIONS



FRIES Vg/GF/NF

ADD A FUNCTIONAL MUSHROOM TINCTURE

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CUSTOMISE YOUR DRINK OR DISH WITH A DASH OF MUSHROOM MAGIC

UK-GROWN. ORGANIC. TRIPLE-EXTRACTED				
	REISHI	FOR	CALM	
	LIONS MANE	FOR	FOCUS	
	CORDYCEPS	FOR	ENERGY	
	TURKEY TAIL	FOR	IMMUNITY CO)
	CHAGA	FOR	ENDURANCE (CO)	

ROCKET MAN

FOR VITALITY & AN <u>ENERGY</u> BOOST

CACAO, BEETROOT, GUARANA SEED, BANANA, ESPRESSO & CORDYCEPS

SUNSHINE SOUL

TUMERIC, BLACK PEPPER, ASTRAGALUS ROOT, INULIN & TURKEY TAIL

FOR IMPROVED ENDURANCE & RECOVERY MATCHA, LUCUMA, GINGER, CINNAMON & CHAGA





Tea & Coffee etc.

OAT, SOYA & COCONUT MILK AVAILABLE

AMERICANO

LATTE

CAPPUCCINO

FLAT WHITE

MOCHA

HOT CHOCOLATE

ICED LATTE

MATCHA LATTE

TEA

HERBAL TEA

CBD TEA &

Adaptogenic Lattes First First



MADE WITH HIGH-QUALITY, ORGANIC MUSHROOM TINCTURES FROM THE BRISTOL FUNGARIUM FORAGED, GROWN & EXTRACTED IN THE UK

THE BUDDHA

MACCA, GOTU KOLA, RHODIOLA ROSEA, GINSENG, CINNAMON, ESPRESSO & LIONS MANE

LAVENDER, ASHWAGANDA, CHAMOMILE, ACAI BERRY, ESPRESSO & REISHI

FOLLOW US ON INSTAGRAM



